

*I did not have sex with that woman!.....
Did the president practice abstinence?*

A
From B to ABCDEF+: towards a comprehensive set of communication messages

C
Abstain - *Be* - *Condom* - *Delay* - *Equal* - *Few* - *+ HIV test*
from sex *faithful* *use* *sexual intercourse* *decision-making* *partners* *when doubting*

A workshop, organized by World Population Foundation (WPF), CHOICE, for youth and sexuality and STOP AIDS NOW! (SAN!) from the Netherlands with input from Pakistan, South Africa and Zimbabwe.

IAC Mexico, Wednesday, August 6, 2008, 10:30 - 12:00, Dutch session room, Level 2

Aiming to meet criticism on abstinence-only policies and limitations of the ABC approach, this workshop focuses on a non-judgmental communication of sexuality. In a participatory exercise participants will face the ambiguity, still surrounding today's communication about sex and experience how to explicitly talk about sex and explain key communication issues such as virginity, abstinence, penetrative sex, inner— and outercourse.



Tackling ABC criticism, a more comprehensive set of communication messages will be proposed - the ABCDEF+ approach - as well as the need for involving young people when implementing and advocating this comprehensive approach in a rights-based way. Youth participation and advocacy by young people are key strategies in better understanding and acceptance of the ABCDEF+ approach. The workshop will end with recommendations which will be spread at the Conference and afterwards via Websites and publications.

Programme

- Chair person: Ms. Doortje 't Hart, SAN!, the Netherlands
- 10.30 - 10.35 Welcome and introduction
- 10.35 - 10.50 Introduction on explicitly talking about sexuality in different cultures
- Mr. Quadeer Baig, country representative, WPF Pakistan
- Mr. Petrus Steyn, program director of Adolescents Health projects, University of Stellenbosch, South Africa
- Ms. Anna Colletor Penduka, program manager, Women and AIDS Support Network (WASN), Zimbabwe
- 10.50 - 11.35 Exercise on Communicating sex with youth and the ABCDEF+ approach
- Mr. Jo Reinders, technical advisor Youth and Sexual Health, WPF
- 11.35 - 11.50 Youth rights and meaningful youth participation in the ABCDEF+ approach
- Ms. Karolien Dekkers and Ms. Dieuwke Boersma, CHOICE
- 11.50 - 12.00 Recommendations

